Hi ,

Just a quick message to remind you about the new Tots Play Baby Development courses starting in (month). There are just a few places still available, but spaces are limited so make sure you get in touch soon to secure your spot!

Click (link to your page) to check the class schedule and book your place now.

Don't miss out on the chance of spending special time with your baby learning a variety of different ways to play, communicate and connect together, at this popular 6 week course, which is also a great place to meet new mums and babies, to get out and about and to have some fun too!

Activities on the course include;

Baby Massage

* A lovely relaxing experience for both you and your baby, benefits of which include providing relief from colic symptoms, wind and constipation, boosting the immune system and helping to regulate sleep patterns.

Baby Yoga

* Helps to boost your baby's physical development, building muscle tone, improving flexibility and co-ordination and much more, as well as being lots of fun!

Tummy Time Play

* Helps to improve head control, and upper body strength preparing your baby for movement and exploration.

Baby Sign Language

* Giving your baby a way to communicate effectively before the development of speech, helping to reduce frustration and tantrums and giving you a greater insight in to what you baby is thinking and interested in.

Sensory Play

* Simple ideas to help develop all your baby's senses and providing new play experiences that will also boost concentration and awareness of the world around them.

Songs and Rhymes

* Music helps make the activities even more fun and engaging and boosts learning in many areas.

The course fee includes a full colour workbook, download of the music used in class and a bottle of massage oil so that you can practice everything you learn at home too.

We would love to have you join us so click HERE (link to your page) to check the class schedule and book your place today, or if you have any queries just get in touch and I will be pleased to help.

Look forward to seeing you there!

Best wishes